



# CHIPSA LifeXtra Information Questionnaire

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## STEP ONE

Today, you can make a life changing decision by making a conscious choice to step back from your current health care and determine new steps you need to take to give yourself the best chance to address affordable medical care and thereby live a more full, richer life.

**The LifeXtra Information Guide** gives you control over this questionnaire and decision process by helping you and CHIPSA understand the key points in the decision making process that only you can influence.

Our CHIPSA Patient Service specialists and physicians constantly look for better ways to help you learn what questions to ask when selecting our services or when speaking with a physician. If you're determined to be healthful, we're determined to help you make your most important decision of your life.

Use this **LifeXtra Questionnaire** to highlight the steps we need answers to help make your treatment goals a reality. We simply ask you to begin organizing your thoughts and experiences dealing with your medical history and current health condition. We help you by presenting you with a series of questions designed to draw out some unknown experience, issues, responses or symptoms.

As you provide answers throughout the questionnaire, you'll notice we left plenty of space for you to detail your responses to questions. Your answers will be personal windows into all of the elements that shape the way you make decisions—your current treatment regimen, your emotions, family members and how your current physicians play a central role in medical decisions.

That is why it's important for you to understand how each of LifeXtra questions weighs on treatment you have previously had and intend to address in the future.

At the end of the questionnaire exercise, you'll have more knowledge you need to measure treatment expectations. You may not have the time or the energy to complete the questionnaire in one sitting. Don't worry, we made this tool simple and flexible to support your needs. If you're tired or you feel like you need to take a break, simply save your work and come back later when you are more relaxed.

CHIPSA LifeXtra. The healthcare future.



## Contact Information

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Feel free to call Patient Services at our main office number: (877) 424-4772

Patient Services is open Monday through Friday from 7:30 until 4 PM.

We will always be closed on holidays and every weekend. Our phones are connected to voicemail that will answer phones if we are not available. Please leave us a message and we will get back to you as soon as we can.

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## CHIPSA

### **Gerson Medical Center**

670 Colonia Jardines del Sol  
Playas Tijuana, Mexico, C.P. 22700

### **CHIPSA US-Mail**

PO Box 1850, Chula Vista, CA 91912

patientservices@chipsa.com  
lifeline@chipsa.com  
admissions@chipsa.com

<http://www.chipsa.com>

CHIPSA Hospital: **011-52 (664) 680-2902**

CHIPSA FAX: **011-52 (664) 680-2908**

Patient Services: **(877) 424-4772**

Information Services: (800) 759-2966

**FOR ANY LOCAL EMERGENCY CONTACT YOUR PHYSICIAN,  
GO TO YOUR LOCAL EMERGENCY ROOM OR CALL 911.**

If you need to contact us in an emergency, call the main hospital number at (877) 424-4772 and ask for the Patient Services. Explain to the representative that you have an emergency and ask to have the Resident on-call paged or called.



# CHIPSA

CENTRO HOSPITALARIO INTERNACIONAL PACIFICO, SA

**Gerson Medical Center**

**Center of Integrative Medicine**

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